

TITLE: ATHLETIC TRAINER

JOB GOAL: Under general supervision of the Principal or designee, to provide athletic training services to student athletes. Provide preventive and emergency care for athletic and physical education injuries; to provide treatment and rehabilitation; and to do related duties as required.

QUALIFICATIONS:

Knowledge of:

1. Standards of training for rendering preventative as well as on site health care, which include, but are not limited to First Aid, artificial respiration, bloodborne pathogens and sound methods of physical therapy.
2. Management of care of injuries to a physically active person.
3. Development of injury prevention programs and providing appropriate preventative and devices for the physically active person
4. The assessment, management, treatment, rehabilitation and recondition of the physically active person whose conditions are within the professional preparation and education of a certified athletic trainer
5. Treatment modalities such as mechanical stimulation, heat, cold, light, air, water, electricity sound, massage and the use of therapeutic exercises, reconditioning exercise and fitness programs.
6. The California Interscholastic Federation Sports Medicine Handbook

Ability to:

1. Work evening and/or variable hours as required by the athletic schedules.
2. Work in collaboration with a license health care professional or physician to successfully carry out treatment plans.
3. Possess and model mature emotional stability; interest in and understanding of students; good health; flexibility and patience.
4. Assess and manage stressful or intense accident situations that require health related decisions.
5. Keep credentials and certifications up to date and current.
6. Administer all forms of approved physical therapy and first aid;
7. Evaluate injuries, apply treatment and be aware of adverse effects which can occur with complications;
8. Read and follow medical orders and prescriptions;
9. Follow professional and administrative directions and instructions explicitly;
10. Communicate effectively and work cooperatively with coaches and athletes;
11. Operate exercise and rehabilitation machines, such as, ultrasound, hydrocollator steam packs, cold applications and other therapeutic items.
12. Act in a professional and responsible manner in all athletic training services and activities;
13. Establish and maintain cooperative and effective working relationships with staff, students, administrators and the public;
14. Interpersonal skills using tact, patience and courtesy;
15. Exercise independent judgment;
16. Maintain consistent, punctual and regular attendance.

QUALIFICATIONS: (continued)

Training and Experience:

1. Bachelor's degree or higher.
2. Keep and maintain a valid California Class "C" driver's license.
3. Possession of a valid First Aid and CPR certificate issued by an authorized agency.
4. Possession of a valid Athletic Trainer certificate issued by the National Athletic Trainer Association preferred.
5. Possess an Activities Supervisor Clearance Certificate.

REPORTS TO: Principal or Designee

ESSENTIAL FUNCTIONS:

1. Renders quality patient care regardless of the patient's age, gender, race, religion, disability, sexual orientation, or any other characteristic protected by law.
2. Communicates effectively and truthfully with patients and other persons involved in the patient's program, while maintaining privacy and confidentiality of patient information in accordance with applicable law.
3. Works closely with the team doctor and other doctors in safeguarding the physical condition of Participant.
4. Develops and maintains a relationship of trust and confidence with the patient, patient information, and/or the parent/guardian of a minor patient and does not exploit the relationship for personal or financial gain.
5. Implements measures to prevent and/or mitigate injury, illness and long-term disability.
6. Maintain appropriate general treatment orders to be reviewed annually and approved by the team Physician.
7. Provide athletic training services for all home athletic contests as directed by supervisor.
8. Act as liaison between family physicians and specialists, the school district, athletes and their parents.
9. Maintain accurate budget, records, treatments and provide insurance claim forms for sports injuries treated by a physician for the athletic training program.
10. Schedule and coordinate pre-participation sports physicals for the district/site.
11. Assist the athletic director as requested.
12. Instruct and directly supervise student trainers in the care and prevention of athletic injuries.
13. Follows district policies and procedures and use safety equipment and devices as appropriate for position.
14. Performs other related duties as assigned.

PHYSICAL ABILITIES:

1. Visual ability to read handwritten or typed documents and the display screen of various office equipment and machines.
2. Able to conduct verbal conversation in English.
3. Able to hear normal range verbal conversation (approximately 60 decibels.)
4. Able to sit, stand, stoop, kneel, bend, and walk for sustained periods of time.

PHYSICAL ABILITIES: (continued)

5. Able to climb slopes, stairs, steps, ramps, and ladders regularly with speed and safety.
6. Able to lift and/or carry up to thirty (30) pounds frequently, and fifty (50) pounds occasionally.
7. Able to push and pull a variety of tools and equipment weighing up to fifty (50) pounds.
8. Able to sustain strenuous manual labor for four (4) to six (6) hours.
9. Able to exhibit full range of motion for shoulder external rotation and internal rotation, shoulder abduction and adduction, elbow flexion and extension, shoulder extension and flexion, back lateral flexion, hip flexion and extension, and knee flexion.
10. Able to work in a wide range of temperatures and weather conditions.
11. Able to work at various elevations based on the use of lifts, ladders, ramps, etc. in a safe and effective manner.

TERMS OF EMPLOYMENT: 210-day work year

EVALUATION: Performance of this job will be evaluated in accordance with Board of Education policy and provisions. The assigned site administrator or his/her designee will complete the evaluation.

Approved by: Board of Education
Board of Education

Date: September 26, 2019
Date: August 10, 2017

**MURRIETA VALLEY UNIFIED SCHOOL DISTRICT IS A
TOBACCO-FREE, DRUG-FREE WORKPLACE AND
AN AFFIRMATIVE ACTION/EQUAL OPPORTUNITY EMPLOYER**